



Community Service Center of
Northern Champaign County

Rantoul Resource Guide

520 E. Wabash Ave, Suite 1
Rantoul, IL 61866

Phone: (217) 893-1530

Fax: (217) 893-8600

<https://cscrantoul.org/>

Or visit us on Facebook or Instagram (@cscncc)

Table of Contents

| | |
|-----------------------------|----|
| Child Care | 3 |
| Clothing | 7 |
| Community Centers | 8 |
| Crisis | 8 |
| Dental Care | 9 |
| Disability Services | 9 |
| Emergency Services | 10 |
| Food | 10 |
| Healthcare | 11 |
| LGBTQ+ Services | 12 |
| Mental Health/Counseling | 14 |
| Parenting & Early Childhood | 16 |
| Recreation | 16 |
| Reentry | 17 |
| Shelter | 17 |
| Transportation | 17 |
| Utility Assistance | 18 |
| Vision Care | 18 |
| Youth Care | 19 |

Alphabetical Index

| | |
|--|-----------|
| 211 Champaign County | 8 |
| Angel Smiles | 9 |
| Anita Rose Hund, PhD | 12 |
| Austin's Place at C-U at Home | 17 |
| Avicenna Community Health Center | 11 |
| Bethany Park Clothing Center | 7 |
| C-U at Home | 17 |
| C-U Autism Network | 10 |
| Carle Clinic | 11 |
| Carle Health Financial Assistance | 12 |
| Champaign Community Advocacy and Mentoring Resources | 9 |
| Champaign County Area Rural Transit System (C-CARTS) | 18 |
| Champaign County Children's Advocacy Center | 8, 14 |
| Champaign County Christian Health Center | 9, 11, 14 |
| Champaign County Down Syndrome Network | 10 |
| Champaign County Health Care Consumers | 12 |
| Champaign County Regional Planning Commission - Emergency Shelter for Families | 17 |
| Champaign County Regional Planning Commission Youth Assessment Center | 19 |

| | |
|---|-----------|
| Champaign Lions Club | 18 |
| Champaign Urbana Public Health District (HIV/AIDS Services) | 12 |
| Champaign-Urbana Public Health District - Dental Health | 9 |
| Champaign-Urbana Public Health District - Vision and Hearing | 18 |
| Child Care Resource Services | 7 |
| Christie Clinic | 12 |
| Circle of Friends | 14 |
| Cognition Works, Inc. | 14 |
| Community Choices | 9 |
| Community Health Partnership of Illinois - Rantoul Health Center | 12 |
| Community Service Center of Northern Champaign County | 8, 10, 18 |
| Community Service Center of Northern Champaign County - Kid's Foundation | 16 |
| Courage Connection | 7, 8, 15 |
| Crisis Nursery | 7, 8, 16 |
| Cultivadores Centro de Vida Food Pantry | 10 |
| Daily Bread Soup Kitchen | 11 |
| Developmental Services Center - Parent Wonders | 16 |
| Elliott Counseling Group | 13, 15 |
| Faith in Action - OSF HealthCare Heart of Mary Medical Center | 18 |
| Family Service of Champaign County | 15 |

| | |
|--|----------|
| FirstFollowers | 17 |
| Gay Straight Alliance | 13 |
| Greater Community AIDS Project (GCAP) | 13 |
| Healthy Thoughts Wellness Center Inc. | 15 |
| HeartStrong Food Pantry | 11 |
| Jesus is the Way Ministries | 15, 17 |
| Joanna Kling, M.Ed. LCPC | 13, 15 |
| John T. Karich, DMD | 9 |
| Little Wings Child Care and Learning Center | 7 |
| Low Income Home Energy Assistance Program (LIHEAP) | 18 |
| METCAD | 10 |
| Multicultural Community Center | 7, 8, 16 |
| Nicholas Bridgett, LCSW | 13, 15 |
| Parkland Dental Hygiene Clinic | 9 |
| Parkland Pride | 13 |
| Persons Assuming Control of their Environment, Inc. (PACE) | 10 |
| Planned Parenthood - Champaign Health Center | 12, 13 |
| Prevention and Treatment Services (P.A.T.S) | 15 |
| Promise Healthcare - Frances Nelson | 9 |
| Promise Healthcare (various locations) | 12 |
| Rantoul Fire Department | 10 |
| Rantoul Police Department | 10 |
| Rantoul Recreation Department | 17 |

| | |
|---|--------|
| Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.) | 9, 14 |
| Recovery Concepts LLC | 15 |
| Regional Office of Education #9 | 17 |
| Restoration Urban Ministries | 7, 11 |
| Rosecrance Behavioral Health | 16 |
| Salt & Light Ministry | 7 |
| Salvation Army of Champaign County | 11 |
| Seek and Find Ministries | 8 |
| Senior Resource Center - Family Service | 18 |
| St. Vincent de Paul Food Pantry at St. Patrick's Church | 11 |
| The Center for Youth & Family Solutions | 14, 19 |
| The Pavilion Behavioral Health System | 16 |
| The Trevor Project | 14 |
| Trans Lifeline | 14 |
| TransDev (formerly First Transit) | 18 |
| United Way Emergency Family Shelter | 17 |
| Uniting Pride | 13 |
| University of Illinois at Urbana-Champaign Gender & Sexuality Resource Center | 13 |
| Vineyard Church Food Pantry | 11 |
| Walmart Vision Center | 19 |
| Wesley United Methodist Church Food Pantry | 11 |
| Women, Infants, and Children (WIC) | 16 |
| Youth & Family Alliance | 16, 19 |

Child Care

Child Care Resource Services

905 S. Goodwin Ave, Urbana, IL 61801
(217) 333-3252

<https://ccrs.illinois.edu/>

Provides families seeking child care with a list of local child care options and information on how to select quality care. Administers the state Child Care Assistance Program which offers financial assistance for child care to qualifying families.

Crisis Nursery

1309 W. Hill St, Urbana, IL 61801
Phone: (217) 337-2731
Crisis Line: (217) 337-2730

<https://crisisnursery.net/>

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Little Wings Child Care and Learning Center

205 E. Frost Ave, Rantoul, IL 61866
Phone: (217) 893-9022

www.littlewingslearning.com/

Provides programs for before- and after-school, kindergarten readiness, and drop-ins.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866
Phone: (217) 892-4466

<https://mcc-rantoul.org/>

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

Clothing

Bethany Park Clothing Center

1401 E. Grove Ave, Rantoul, IL 61866
Phone: (217) 417-5796

Facebook: <https://www.facebook.com/bethanyparkclothing/>

Provided with 1 heavy coat per person; 1 light spring jacket per person; 1 or 2 pairs of jeans per person; new underwear and socks if available. Visits are limited to one every 30 days. A new referral is needed each year. Referral slips available at the Community Service Center (520 E. Wabash Ave). Open on Mondays 7-8 pm, and Wednesdays 3-4:30 pm.

Courage Connection

1304 E Main St, Urbana, IL 61802
Phone: (217) 352-7151

<https://courageconnection.org/>

Sells donated clothing items for women, men and children. Courage Connection clients get free emergency and professional clothing. Open on Tuesday-Friday from 10am-2pm, and Saturday 8am-2pm.

Restoration Urban Ministries

1213 Parkland Ct. Champaign, IL 61821
Phone: (217) 233-8440

<https://www.restorationurbanministries.org/clothing-room>

Every weekday except Wednesday from 10am-3pm.

Salt & Light Ministry

1512 W. Anthony Dr, Champaign, IL 61821
Phone: (217) 355-5654

<https://saltandlightministry.org/grocery-thrift-store/>

Open on Monday-Saturday from 9am-6pm.

Seek and Find Ministries

233 Garrard Ave, Rantoul, IL 61866

Phone: (217) 892-0051

<https://www.seekandfindthriftstore.org/>

Open on Tuesday-Friday from 10am-5pm and Saturday from 10am-1pm.

Community Centers

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866

Phone: (217) 893-1530

<https://cscrantoul.org/>

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary services.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866

Phone: (217) 892-4466

<https://mcc-rantoul.org/>

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

Crisis

211 Champaign County

24 Hour Phone: 211

<https://www.211.org/>

211 is a non-emergency number that connects individuals to a variety of services. Callers will be matched to agencies and resources based on their individual needs. Callers can get assistance with food and shelter, counseling services, income and employment support, help for the elderly and people with disabilities, resources for children and families, domestic Abuse, drug/alcohol rehabilitation, and disaster recovery.

Champaign County Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820

Child Abuse Hotline: (800) 252-2873

Phone: (217) 384-1266

<https://champaigncac.com/>

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Courage Connection

1304 East Main St. Urbana, IL 61802

Phone: (217) 352-7151

Domestic Violence Hotline: (217) 384-4390

<https://courageconnection.org/>

Provides supportive services for victims of domestic violence through counseling, assistance with shelter, and orders of protection.

Crisis Nursery

1309 W. Hill St. Urbana, IL 61801

Phone: (217) 337-2731

Crisis Line: (217) 337-2730

<https://crisisnursery.net/>

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.)

301 S. Vine St, Suite 103, Urbana, IL 61801

Phone: (217) 344-6298
 24 Hour Hotline: (217) 384-4444
<https://www.cu-races.org/>

R.A.C.E.S. assists in providing crisis counseling services, referral, and support. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

Dental Care

Angel Smiles

730 Enterprise, Rantoul, IL 61866
 Phone: (217) 892-8868
 Accepts Medicaid for children only.

Champaign County Christian Health Center

1401 S. State St, Suite #B, Champaign, IL 61820
 Office line: (217) 398-2914
 Appointment Line: (217) 402-5683
<https://www.ccchc2003.org/>

Provides free primary care services to patients with no insurance or medical card. Open every 2nd and 4th Tuesday and Wednesday from 5:30-8:30 pm.

Champaign-Urbana Public Health District - Dental Health

201 W. Kenyon Rd, Champaign, IL 61820
 Phone: (217) 531-4279
<https://www.c-uphd.org/dental-health.html>

Dental services are provided to youth ages 1 to 18 on medical card or KidCare. Those over 18 years of age who are still high school students can also be served. Preventive and cleaning work, sealants, x-rays, fillings and some extractions are done. All services are by appointment.

Promise Healthcare - Frances Nelson

819 Bloomington Rd, Champaign, IL 61820
 Phone: (217) 600-7000
<https://www.promisehealth.org/Promise-Healthcare-Frances-Nelson>

An affordable dental center for adults and children. Open Monday-Friday 7:45 am - 6:00 pm. Call for an appointment.

John T. Karich, DMD

1504 Patton Dr, Suite 6, Mahomet, IL 61853
 Phone: (217) 568-6868

Parkland Dental Hygiene Clinic

Parkland Main Campus: Room L148
 Phone: (217) 351-2221
<https://www.parkland.edu/Main/Academics/Departments/Health-Professions/Dental-Hygiene-Clinic>

Fee is \$10 for all appointments necessary within a 6 month period. Services are free for children under 11, adults over 65, Medicaid or Public Aid recipients.

Disability Services

Champaign Community Advocacy and Mentoring Resources

Email: CCAMRBoard@gmail.com
<https://www.ccamr.org/>

Provides personalized mini grants for adults with intellectual disability in Champaign County. Applications are available via the website, email, or www.facebook.com/ccamr. Grant submission due dates are: February 1st, May 1st, August 1st, or November 1st.

Community Choices

44 E Main, Suite 210, Champaign, IL 61820
 Phone: (217) 621-1090
<https://communitychoicesinc.org/>

Provides opportunities to connect with Community Choices members and people in the community, provides community transitional support and assists with job development and employment support.

Champaign County Down Syndrome Network

1304 W. Bradley Ave. Champaign, IL 61824

<https://www.champaigndsn.org/>

Offers support to families who have members with Down syndrome with activities that include family events and picnics, speaking engagements, community awareness projects, and assistance with educational planning.

C-U Autism Network

Phone: (217) 819-1312

Email: information.cuan@gmail.com

<https://www.cuautismnetwork.com/>

Various events are held to provide a network of support, training, and education for anyone living or working with persons on the autism spectrum.

Persons Assuming Control of their Environment, Inc. (PACE)

Center for Independent Living

301 S. Vine Suite 211. Urbana, Illinois 61801

Phone: (217) 344-5433

Email: info@paceil.org

<https://paceil.org/>

Offers services which assist persons with disabilities in achieving/maintaining independence. Services include information and resources, access and advocacy, skills development, and counseling.

Emergency Services

METCAD

1905 E. Main St, Urbana, IL 61802

Emergency: 911

Administrative office: (217) 333-4348

<https://www.metcad911.org/>

METCAD answers emergency assistance requests. It is important to note that they can now assist individuals who text 911 who may be unable to call them on the phone.

Rantoul Fire Department

333 S. Tanner Street, Rantoul, IL 61866

Emergency: 911

Non-emergency: (217) 892-8401

<https://village.rantoul.il.us/483/Fire-Department>

Rantoul Police Department

109 E Grove Ave, Rantoul, IL 61866

Emergency: 911

Non-emergency: (217) 333-8911

<https://www.village.rantoul.il.us/338/Police-Department>

Food

Community Service Center of Northern Champaign County

520 E. Wabash Ave. Suite 1, Rantoul, IL 61866

Phone: (217) 893-1530

<https://cscrantoul.org/>

Families can receive food once a month on Mondays through Fridays from 10:00am to 4:00pm. Will need ID and proof of address from within the last 30 days.

Cultivadores Centro de Vida Food Pantry

555 S. Maplewood Dr, Rantoul, IL 61866

Phone: (217) 729-2599

Email: cultivadoreslatinos@gmail.com

<https://cultivadorescentrodevida.wordpress.com/>

Food distribution service is free for the general public in Rantoul and surrounding areas on Thursdays from 9am - 12pm. Distribution while supplies last.

Daily Bread Soup Kitchen

116 N. First Street, Champaign, IL 61820

Phone: (217) 607-1418
<https://dailybreadsoupkitchen.com/>
 Lunch daily from 10:30am-12:30 pm.

Restoration Urban Ministries

1213 Parkland Ct. Champaign, IL 61821

Phone: (217) 233-8440

<https://www.restorationurbanministries.org/food-pantry>

The Pantry is open each weekday (except Wednesday) from 10am - 1pm. A food box may be requested every two weeks.

Salvation Army of Champaign County

502 N. Prospect Ave., Champaign, Illinois 61820

Phone: (217) 373-7832

<https://centralusa.salvationarmy.org/champaign/>

Visits allowed once per month.

HeartStrong Food Pantry

Email: angela@heartstrongmeals.org

Check Facebook at <https://www.facebook.com/stonecreekfoodpantry/> for pick-up locations and hours.

St. Vincent de Paul Food Pantry at St. Patrick's Church

708 W. Main St, Urbana, IL 61801

Phone: (217) 367-2665

<https://www.stpaturbana.org/food-pantry>

Come to the parish for assistance on Tuesday and Thursday from 4pm to 5pm. Food is distributed at the south entrance of the parish center off of Main St. in Urbana. Please bring a photo ID to show that you live in Champaign County. Guests may visit once per week.

Vineyard Church Food Pantry

1500 N. Lincoln Ave, Urbana, IL 61801

Phone: (217) 607-5654

<https://tvc.us/vineyard-care>

Our drive-thru food pantry is open to serve our community 10am-12pm or 5-6pm every Wednesday.

Wesley United Methodist Church Food Pantry

1203 W. Green St, Urbana, IL 61801

Phone: (217) 729-7418

<https://wesleypantry.org/index.html> /

Open every Thursday of the month from 5-7 pm; enter the parking lot through the Goodwin entrance.

Healthcare

Avicenna Community Health Center

201 W Kenyon Road, North Entrance, Champaign IL, 61820

Phone: (309) 306-1358

<https://www.avicennahealth.org/>

A free clinic for people who are uninsured or underinsured (ages 18 and over). Open on Sundays 1-4 pm and select Sundays.

Carle Clinic

1540 E Grove Ave, Rantoul, IL 61866

Phone: (217) 893-7700

<https://carle.org/locations/carle-rantoul>

Champaign County Christian Health Center

1401 S. State St, Suite #B, Champaign, IL 61820

Appointment Line: (217) 402-5683

Office line: (217) 398-2914

<https://www.ccchc2003.org/>

Provides free primary care services to patients with no insurance or medical card. Open every 2nd and 4th Tuesday and Wednesday 5:30-8:30 pm.

Champaign County Health Care Consumers

44 E Main St. Suite 208, Champaign, IL 61820

Phone: (217) 352-6533

<https://www.healthcareconsumers.org/>

Provides assistance with health care issues, signing up for insurance, applying for financial assistance.

Christie Clinic

209 W Borman Dr, Rantoul, IL 61866

Phone: (217) 892-9671

<https://www.christieclinic.com/locations/Christie-Clinic-in-Rantoul/16/location-details>

Open Monday through Friday from 8:00 am-12:00 pm and 1:00 pm-5:00 pm

Carle Health Financial Assistance

Carle Patient Financial Services, PO Box 4024, Champaign, IL 61824-4024

Phone: (888) 712-2753

<https://carle.org/patients-visitors/financial-assistance>

Offers a number of options for families struggling to pay health care bills, including convenient payment plans and free or discounted health care. The program covers both inpatient and outpatient services.

Community Health Partnership of Illinois - Rantoul Health Center

520 E. Wabash Ave., Rantoul, IL 61866

Phone: (217) 893-3052

<https://chpofil.org/locations/rantoul/>

CHP serves all, including the uninsured, migrants, seasonal agricultural workers and their families in Illinois with medical services, behavioral healthcare, and support services.

Planned Parenthood - Champaign Health Center

302 E. Stoughton St, Champaign, IL 61820

Phone: (217) 359-8022

<https://www.plannedparenthood.org/health-center/illinois/champaign/61820/champaign-health-center-3283-90430>

Services include abortion, counseling, birth control, miscarriage management, emergency contraception, reproductive health and preventative services, permanent sterilization, testing and treatment for sexually transmitted infections, and gender-affirming care.

Promise Healthcare (various locations)

Champaign location: 819 Bloomington Rd, Champaign, IL 61820

Rantoul location: 424 E Wabash St, Rantoul, IL 61866

Urbana location: 1002 South Race St, Urbana, IL 61801

Phone: (217) 600-7000

<https://www.promisehealth.org/>

Provides primary medical services, prenatal program, immunizations, health education, and social services to medically underserved and uninsured adults and children of Champaign County. A sliding-fee scale is offered to clients without insurance with verification of financial status.

LGBTQ+ Services

Anita Rose Hund, PhD

2506 Galen Dr., Suite #103, Champaign, IL 61821

Phone: (217) 649-8735

<https://anitahund.com/>

Provides therapy and psycho-educational workshops on a variety of topics.

Champaign Urbana Public Health District (HIV/AIDS Services)

201 W. Kenyon Rd, Champaign, IL 61820

Phone: (217) 531-5365

<https://www.c-uphd.org/hiv-care.html>

Offers free, anonymous HIV testing and counseling, prevention services for HIV/STD's, safer sex information and materials. Provides case management services for anyone living with HIV/AIDS regardless of income or insurance. Those who meet income and insurance guidelines are also eligible for dental care, housing services, utility support, primary HIV medical care, nutrition services, vaccinations, transportation assistance, mental health services and legal service. Free condoms, lubricant and other safer sex items are available.

Elliott Counseling Group

2001 Philo Rd, Urbana, IL, 61802

Phone: (217) 552-1211

<https://elliottcounselinggroup.com/>

Serves individuals, couples and families, addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Gay Straight Alliance

Rantoul Township High School: (217) 892-2151

Centennial High School: (217) 351-3951

Central High School: (217) 351-3911

Urbana High School: (217) 384-3505

A student club that works to improve school climate for all students, regardless of sexual orientation or gender identity/expression.

Greater Community AIDS Project (GCAP)

P.O. Box 713, Champaign, IL

Phone: (217) 351-2437

Email: info@gcapnow.com

<https://gcapnow.com/>

Provides services for those affected with HIV/AIDS with housing, educational programs, case management, an emergency food pantry and emergency assistance grants.

Joanna Kling, M.Ed. LCPC

507 W. Springfield Ave, Urbana, IL

Phone: (217) 344-4722

Email: joanna@joannaklingtherapy.com

<https://www.joannaklingtherapy.com/>

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

University of Illinois at Urbana-Champaign Gender & Sexuality Resource Center

616 E. Green Street; Suite 202, Champaign, IL 61820

Phone: (217) 244-8863 /

Email: gsrc@illinois.edu

<https://gsrc.illinois.edu/>

Connects students to support groups and other community support services.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL 61820

Phone: (217) 417-6432

<https://www.champaigntherapy.com/>

Provides individual, couples, and family counseling for a wide range of emotional and behavioral issues.

Parkland Pride

Parkland College

2400 W. Bradley Ave, Champaign, IL

Phone: (217) 351-2200

<https://www.parkland.edu/Main/Life-at-Parkland/Diversity/LGBTQIA>

This student group supports lesbian, gay, bisexual, transgender, and questioning students and seeks to educate the Parkland community on issues related to the LGBTQ+ population.

Planned Parenthood - Champaign Health Center

302 E. Stoughton St, Champaign, IL 61820

Phone: (217) 359-8022

<https://www.plannedparenthood.org/health-center/illinois/champaign/61820/champaign-health-center-3283-90430>

Provides transgender hormone therapy, psychosocial support services, and testing and treatment for sexually transmitted infections.

Uniting Pride

University YMCA, 1001 South Wright Street, Champaign, IL, 61820

Phone: (217) 898-5235

<https://www.unitingpride.org/>

Provides supportive and educational services with community-building activities for the LGBTQ+ community of Champaign County.

Trans Lifeline

Phone: (877) 565-8860

<https://translifeline.org/>

A hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to people experiencing a crisis. This includes people who may be struggling with their gender identity or any other support needs callers might have.

The Trevor Project

Phone: (866) 488-7386

<https://www.thetrevorproject.org/>

A national 24-hour, toll free, confidential suicide hotline for LGBTQ+ members and questioning youth.

Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.)

301 S. Vine St, Suite 103, Urbana, IL 61801

Phone: (217) 344-6298

24 Hour Hotline: (217) 384-4444

<https://www.cu-races.org/>

R.A.C.E.S. assists in providing crisis counseling services, referral, and support. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

Mental Health/Counseling

The Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821

Phone: (217) 352-5179

<https://www.cyfsolutions.org/>

Provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities.

Champaign County Christian Health Center

1401 S. State St, Suite #B, Champaign, IL 61820

Appointment Line: (217) 402-5683

Office line: (217) 398-2914

<https://www.ccchc2003.org/>

Provides free mental health care services to patients with no insurance or medical card.

Champaign County Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820

Phone: (217) 384-1266

Child Abuse Hotline: (800) 252-2873

<https://champaigncac.com/>

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Circle of Friends

609 W. Washington, Champaign, IL 61820

Phone: (217) 359-7937

<https://www.circleoffriendsadultday.com/>

Adult day center for adults over the age of 18 who need socialization opportunities, assistance with daily living tasks, supervision, medical monitoring, or memory treatment.

Cognition Works, Inc.

507 West Springfield Ave, Urbana, IL 61801

Phone: (217) 239-0142

<https://www.cognitionworks.org/>

Conducts a clinical practice with a focus on all levels of troubling emotions as well as disruptive, risky, or ineffective behavior. They offer directed counseling for individuals, couples, and groups. They accept the majority of insurances, including Medicaid.

Courage Connection

1304 East Main St. Urbana, IL 61802

Phone: (217) 352-7151

Domestic Violence Hotline: (217) 384-4390 or (877) 384-4390

<https://courageconnection.org/>

Provides supportive services for victims of domestic violence through counseling, assistance with shelter, and orders of protection.

Elliott Counseling Group

2001 Philo Rd, Urbana, IL, 61802

Phone: (217) 552-1211

<https://elliottcounselinggroup.com/>

Serves individuals, couples, and families while addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Family Service of Champaign County

405 S. State St, Champaign, IL 61820

Phone: (217) 352-0099

<https://www.famservcc.org/>

Provides counseling, information and referral, Children First training, and coordination of support groups through its wide array of services available to Champaign County residents of all ages.

Healthy Thoughts Wellness Center Inc.

2205 E. University Avenue, Suite A, Urbana, IL 61802

Phone: (217) 419-4713

Assists individuals with a variety of mental health issues, including addictions. Their practice is based on cognitive behavioral therapy and finding effective solutions. Many insurers are accepted, and they are able to assist in accepting new types of insurance. In addition, they offer reduced fees on a case by case basis. The Center is open Monday-Friday from 9:30am-5:30am by appointment.

Jesus is the Way Ministries

620 W. Liberty Dr, Rantoul, IL 61866

Phone: (217) 892-4044

<https://jitwministries.aplos.org/>

The ministry provides chapel services, counseling, drug and alcohol rehabilitation, job skills training and placement, and assistance with housing, food, and clothing for male offenders.

Joanna Kling, M.Ed. LCPC

507 W. Springfield Ave, Urbana, IL

Phone: (217) 344-4722

Email: joanna@joannaklingtherapy.com

<https://www.joannaklingtherapy.com/>

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL 61820

Phone: (217) 417-6432

<https://www.champaigntherapy.com/>

Provides individuals, couples and family counseling for a wide range of emotional and behavioral issues.

Prevention and Treatment Services (P.A.T.S)

300 S. Broadway Avenue, Suite 110A, Urbana, IL 61801

Phone: (217) 954-1128

<https://www.patsurbana.com/>

Offers a variety of services, education, and counseling. Some examples of services offered are DUI evaluations, DUI risk education, substance abuse evaluations and treatment, a domestic violence intervention program, anger management services, mental health evaluations, cognitive behavioral therapy, and parenting classes. P.A.T.S. also offers many sources to youth. P.A.T.S. provides affordable pricing to fit any budget.

Recovery Concepts LLC

805 Bloomington Rd, Champaign, IL 61821

Phone: (217) 600-7165

<https://www.recoveryconcepts.org/>

Provides out-patient rehabilitation, medication, and counseling services for people struggling with opioid addiction.

Rosecrance Behavioral Health

2302 Moreland Blvd., Champaign, Illinois 61822

Phone: (217) 767-4286

<https://www.rosecrance.org/locations/rosecrance-moreland/>

Provides behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services through a variety of programs.

The Pavilion Behavioral Health System

809 W. Church Street, Champaign, IL 61820

Phone: (217) 373-1700 or (800) 373-1700

<https://pavilionhospital.com/>

Provides a safe and nurturing environment where children, adolescents, adults and senior adults can find mental health treatment. Both inpatient and outpatient services are offered at this location and they accept most types of health insurance including Medicare and Medicaid.

Youth & Family Alliance

P.O Box 5574, Rantoul, IL 61866

Phone: (217) 717-4398

<https://ilalliance.org/>

Provides free services for families and children experiencing mental health and/or emotional challenges as well as educational, juvenile justice, and child welfare involvement services.

Parenting & Early Childhood

Crisis Nursery

1309 W. Hill St, Urbana, IL 61801

Phone: (217) 337-2731

Crisis Line: (217) 337-2730

<https://crisisnursery.net/>

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866

Phone: (217) 892-4466

<https://mcc-rantoul.org/>

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

Developmental Services Center - Parent Wonders

Contact Nicole Smith at nsmith@dsc-illinois.org or (217) 356-9176

Serves parents with children from birth through 36 months residing in rural Champaign County with special emphasis on pregnant and parenting teens and families with the greatest need.

Women, Infants, and Children (WIC)

Champaign location: 201 W. Kenyon Rd., Champaign, IL 61820

Rantoul location: 520 E. Wabash Avenue, Rantoul

Phone: (217) 352-7961

<https://www.c-uphd.org/wic.html>

Helps safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5, who are at nutritional risk. Provides food assistance and referrals to healthcare. Services are also available at Champaign-Urbana Public Health Department (CUPHD).

Recreation

Community Service Center of Northern Champaign County - Kid's Foundation

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866

Phone: (217) 893-1530

<https://cscrantoul.org/>

Provides financial assistance for economically disadvantaged youth interested in participating in Rantoul Recreation

Department and Rantoul Park District youth programs. The Kids' Foundation will provide vouchers for two different activities for youth K-8th grade living in RTHS district.

Rantoul Recreation Department

100 W. Flessner Ave, Rantoul, IL 61866

Phone: (217) 893-5700

<https://www.village.rantoul.il.us/>

Provides park services and recreational programs for residents of all ages. Organized sports for youth and adults are offered. Recreational, educational, information and social activities and services such as hot lunches, craft, scheduled classes and trips are also provided.

Reentry

FirstFollowers

314 Cottage Court, Champaign, IL 61820

Phone: (217) 607-1131

<https://firstfollowersreentry.com/>

Provides support and guidance to the formerly incarcerated with services that include advocacy, assistance with employment, family reunification, peer mentoring, and service referrals.

Jesus is the Way Ministries

620 W. Liberty Dr, Rantoul, IL 61866

Phone: (217) 892-4044

<https://jitwministries.aplos.org/>

The ministry provides chapel services, counseling, drug and alcohol rehabilitation, job skills training and placement, and assistance with housing, food, and clothing.

Shelter

Austin's Place at C-U at Home

309 S. Neil Street, Champaign, IL 61820

Phone: (217) 819-4569

<https://shelter-austinsplace.weebly.com/>

Emergency overnight shelter for single women in Champaign County.

Champaign County Regional Planning Commission - Emergency Shelter for Families

Phone: (217) 819-4117

If space is not available, families will be placed on waiting list.

C-U at Home

309 S Neil St, Champaign, IL 61820

Phone: (217) 819-4569

<https://www.cuathome.us/>

Services include transitional supportive housing, transportation, and education and advocacy related to homelessness, substance abuse, trauma, mental illness, and more.

United Way Emergency Family Shelter

Phone: (217) 372-1137

<https://www.unitedwaychampaign.org/emergencyshelter>

Serves families with children. During their time in the shelter, families will work directly with an onsite case manager to find safe, permanent housing and get on a path to self-sufficiency.

Regional Office of Education #9

3358 Big Pine Trail, Champaign, IL 61822

Phone: (217) 893-3219

<https://www.roe9.k12.il.us/>

Offers services to help ensure and protect the rights of all homeless students through McKinney-Vento grant assistance.

Transportation

Champaign County Area Rural Transit System (C-CARTS)

803 E. University Ave., Urbana, IL 61802

Phone: (217) 344-4287

<https://c-carts.com/>

Provides safe, convenient, and reliable general public transportation in rural Champaign County. Curb-to-curb service allows drivers to pick up and drop off passengers at the curb closest to the desired pick-up and drop-off locations. Reservations must be made at least 48 hours prior to the requested ride.

Faith in Action - OSF HealthCare Heart of Mary Medical Center

Phone: (217) 337-2778

Email: hmmc.fia@osfhealthcare.org

<https://www.osfhealthcare.org/hospitals/heart-of-mary/patients-visitors/patient-resources/social-services>

The Faith in Action volunteers at the OSF Heart of Mary Medical Center provide seniors (55+) with transportation and assistance with shopping/errands.

TransDev (formerly First Transit)

Phone: (877) 725-0569

<https://transdevna.com/>

Offers fixed route operations, para transit, shuttles, and non-emergency medical transportation services.

Senior Resource Center - Family Service

Phone: (217) 352-5100

<https://www.famservcc.org/senior-transportation>

Provides free transportation for something that improves your quality of life: medical, business, grocery trips, hair appointments, shopping, going to a volunteer site, visiting a spouse in the nursing home, etc. (Eligibility 60+)

Utility Assistance

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866

Phone: (217) 893-1530

<https://cscrantoul.org/>

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary service. Serves the Northern Champaign County.

Low Income Home Energy Assistance Program (LIHEAP)

1776 E. Washington St, Urbana, IL 61802

Phone: (217) 328-3313

<https://dceo.illinois.gov/communityservices/utilitybillassistance.html>

OR

https://www.ccrpc.org/divisions/community_services/low_income_home_energy_assistance.php

The Low Income Home Energy Assistance Program (LIHEAP) helps eligible low-income households pay for home energy services.

Vision Care

Champaign Lions Club

Phone: (309) 863-5335

<https://www.champaignlions.org/>

Provides financial assistance toward eye examinations, eye glasses and hearing aids for individuals in need. Assistance is usually once in a lifetime per person.

Champaign-Urbana Public Health District - Vision and Hearing

201 W. Kenyon Rd. Champaign, IL 61820

Phone: (217) 373-7901

<https://www.c-uphd.org/adolescent-health-program.html>

Offers vision and hearing screenings to Champaign County residents age 12-21 by appointment. AllKids, medicaid, cash, check, or credit card are accepted. Vision and hearing screenings are also offered to State licensed preschools and daycares. Call for an appointment.

Walmart Vision Center

845 Broadmeadow Rd, Rantoul, IL 61866
Phone: (217) 892-5095
<https://www.walmart.com/store/1093-rantoul-il/vision-center>

Youth Care

The Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821

Phone: (217) 352-5179

<https://www.cyfsolutions.org/>

Provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities.

Champaign County Regional Planning Commission Youth Assessment Center

2009 Round Barn Rd Suite B, Champaign, IL 61821

Phone: (217) 239-5933

https://ccrpc.org/divisions/community_services/youth_assessment_center.php

The YAC connects youth aged 10-17 in Champaign County with helpful resources.

Youth & Family Alliance

P.O Box 5574, Rantoul, IL 61866

Phone: (217) 717-4398

<https://ilalliance.org/>

Provides free services for and with families and children experiencing mental health and/or emotional challenges; as well as educational, juvenile justice, and child welfare involvement services.