

### **Baby Fold**

Our goal is to help parents in the role of being their child's first and most important teacher. We provide information on child development, positive discipline techniques, parenting skills and other topics parents may feel are helpful. We also link families with resources in the community. Services are provided in the home or the community location the family chooses. Preventative focus program to assist families with building protective factors and decrease rate of DCFS involvement. **Enrollment criteria: expecting families age 30 years or younger, lives in Champaign County, *Healthy Start services must begin during pregnancy or before the baby is 2 weeks old.***

[www.thebabyfold.org](http://www.thebabyfold.org)

### **Healthy Start**

A voluntary home visiting program for expecting or new parents, offering support and education to assist new parents in giving their baby a healthy start. On home visits you can expect to participate in parent-child activities, learn about bonding and attachment, receive information about infant/child development, complete development screenings, and receive information about health relationships. In addition, you will receive parent support and guidance, and tips on dealing with stress that comes with being a new parent. We will provide information other resources and will make referrals if needed to community services.

[www.thebabyfold.org](http://www.thebabyfold.org)

### **Big Brothers Big Sisters**

Big Brothers Big Sisters provides mentoring services to clients in two ways. The first is Community-based mentoring, where the mentor and child meet outside of school hours – usually evenings or weekends. The second option is Site-based mentoring, where mentors visit with their child once weekly during the school day. Both locations require the same screening, training, and ongoing support for both, mentor and the child's family.

<https://bbbscil.org/>

### **Champaign County Health Care Consumers**

Help with health care issues, including signing up for insurance, applying for financial assistance, and navigating other health care access problems. 4<sup>th</sup> Tuesday every month at 9AM at the Community Service Center. For more information, please call 217-352-6533

<https://www.healthcareconsumers.org/>

### **Champaign County Regional Planning Commission- Centralized Intake for Homeless Services**

If you are experiencing homelessness and live in Champaign County, CIH may be able to connect you to housing or services that can help. When your situation is highest-priority compared to others, you will be offered the housing or service options that you are eligible for as vacancies occur.

You **must** bring: verification of your homeless situation (for example, an eviction notice or a letter from someone like a case manager or friend stating where you are currently sleeping; it must include the date and their contact information)

You are **strongly encouraged** to bring: photo id, social security card(s), birth certificate of minor child(ren), disability verification (if applicable)

Walk-ins occur every 4<sup>th</sup> Wednesday from 1-3 at the Community Service Center.

<https://ccrpc.org/centralized-intake-for-homeless-cih-walk-in-assessments/>

### **Champaign County Regional Planning Commission- LIHEAP**

We provide assistance for low income families to help pay their energy costs and help educate them to conserve energy. By appointment only. Call 217-384-1226

<https://ccrpc.org/programs/low-income-home-energy-assistance/>

### **Champaign County Regional Planning Commission-Senior Services**

Connects seniors to a wide variety of community programs by providing case management and referral services. Senior Services staff collaborate with partner agencies to foster healthy aging, safety, and financial, legal, and housing support. Call 217-819-4097 for more information.

<https://ccrpc.org/programs/senior-services/>

### **Community Plus Federal Credit Union**

Community Plus Federal Credit Union helps you to provide the tools your clients need for financial stability. Our basic toolkit includes the following:

Certified financial counselors on staff for one on one attention to their needs, A FREE savings account available with only a \$15 minimum balance, checking accounts available even for those denied one elsewhere, Credit Builder loans, Small dollar loans, Our Ride to Work auto loans give working people the opportunity to buy reliable, affordable transportation while keeping them out of the hands of predatory lenders

Our field of membership is that they must live, work go to school or church in Champaign, Ford or Piatt counties to qualify. For more information, please call (217) 893-8201.

<http://www.cplusfcu.org/>

### **Community Service Center of Northern Champaign County**

Provides food assistance, baby needs, utility assistance, holiday food and toys, prescription assistance, clothing referrals, Kid's Foundation vouchers, information and referral, and fax & copy services. We also provide office space for various other agencies.

<http://www.cscrantoul.org.>

### **Courage Connection**

Courage Connection provides housing and supportive services to individuals and families who are victims of domestic violence. We believe in the right of every person to safety and the potential of every person for success

<http://courageconnection.org/>

### **CRIS-Healthy-Aging Center**

Provides options for counseling, information agency referrals and services to those over 60 and limited services to those under 60 (if disabled). Services include assistance with LIHEAP, Benefits Access Program, Medicare Part D/Supplements, Aging Mastery workshops, access to Medicaid transportation, and distribution of Farmer's Market Coupons. For more information, please call 217-355-1543

<https://agestrong.org/home-champaign/>

### **Don Moyer's Boys and Girls Club**

Our Mission. To enable all young people, especially those who need us most, to reach their full potential as productive, caring, responsible citizens. The Club provides after-school programming for students attending Northview Elementary, Pleasant Acres Elementary and J.W. Eater Junior High. During the summer, DMBGC provides summer day camp services for youth ages 6-15, who reside in Rantoul. For more information, please call us at 217-355-5437 or [www.dmbgc.org](http://www.dmbgc.org)

### **Don Moyer Boys & Girls Club – CU Change**

The C-U CHANGE program serves youth ages 11-17 (grades 6 to 12) using a strength-based, intensive approach to support youth in navigating the school environment, deal with peer pressures, develop problem solving skills, engage productively with the local community, and graduate from high school with a plan for the future. Services will be focused in the following areas:

**School:** Staff will check attendance, meeting with school social workers, counselors, teachers, school resource officers as well as, parent/guardians to complete case management, receive progress reviews and provide support in areas of improvement for each youth.

**After School:** Programming will be provided at DMBGC in areas of Improving Educational Performance, Life Skills Education and Intervention Techniques. These programs are as follows:

- Improving Educational Performance:
  - Homework Assistance (Power Hour)
  - Education & Career Goal Planning (diplomas2Degrees)
- Life Skills Education:
  - Coping & Risky Behavior Prevention (Positive Action)
  - Character, Leadership & Positive Behavior Training for males (Passport to Manhood)
  - Health, Fitness and Self-Esteem Enhancement for females (SMART Girls)
  - Substance Abuse, Sexual Activity Prevention/Education (SMART Moves)
  - Activities focused on Planning for the Future (CareerLaunch)

Intervention techniques during the afterschool time include: family counseling and planning, small group cohorts, crisis intervention and progress reviews. The program focuses on youth with minimal support systems at the Middle to High School level, with the goal of supporting each youth through high school graduation. For more information, please call 217-355-5437.

**Dreaam House**

We take care to allocate resources to improve kindergarten readiness. We teach and strengthen essential life skills - collaboration, contribution, self-regulation, adaptability, attachment, and belonging - across all DREAAM programs. We focus on these particular skills to produce improved academic outcomes and positive impacts in the lives of boys and young men. We also teach parents and grandparents effective parenting skills and self-care strategies.  
<https://www.dreaam.org/>

**HopeSprings**

Experiencing a difficult life situation? HopeSprings Counseling Services can help with school-based service in Rantoul City Schools or in our office at the Community Service Center. By appointment. For more information, please call 217-531-2360.  
[cunninghamhome.org/hopesprings](http://cunninghamhome.org/hopesprings)

**Vocational Options Program**

Individualized assistance to explore careers, develop job skills, receive job advocacy and placement. By appointment. For more information, please call 217-337-9046.  
[cunninghamhome.org/programs/community-services/vocational-options-program](http://cunninghamhome.org/programs/community-services/vocational-options-program)

**ECHO Housing and Employment Support**

Comprehensive housing, employment, and life skills development through intensive case management assistance. By appointment. For more information, please call 217-367-3728.  
[cunninghamhome.org/programs/community-services/echo-housing-and-employment-support](http://cunninghamhome.org/programs/community-services/echo-housing-and-employment-support)

**Kruger Vision Services**

Provides eyeglasses for IL Medicaid recipients with prescriptions. Walk-ins only (first come first serve basis) Tuesdays from 1-4 PM. For more information, call 217-893-1530

**Multicultural Community Center**

Promote and enable families to live a healthier and fuller life. The institution is seeking to provide services to the community in areas of education, cultural arts, recreation, community development, health and social services. The MCC welcomes all community members and celebrate diversity and differences in race, gender, social status, and ability status among others. For more information, call 217-892-4466  
[www.mcc-rantoul.org](http://www.mcc-rantoul.org)

**Parent Wonders**

A home visitor will meet with you and your family and explore your parenting goals with you. Some activities/services that your home visitors will provide include: provide information and support on caring for self-prenatal and postnatal; offer any additional information you may have on caring for your infant, toddler, and siblings; offer guidance on how to recognize and respond to your babies cues; provide information and assist family with recommends well baby

doctor visits and immunizations and takes time to help educate families on what the immunizations are given for; provide education on developmental milestones and offer developmentally appropriate activities introduce reading to babies and provide families with books; advocacy and referrals to community resources; promote families' positives growth by building upon your family strengths.

For more information on this program call Nicole Sikora at DSC (217) 356-7176, ext. 320, or email [nsikora@dsc-illinois.org](mailto:nsikora@dsc-illinois.org).

### **Refugee Center**

Social Services- Case management and counseling, Tutoring and socializing opportunities to help your children prepare for school, Health education programs for the entire family, Advice on other services available to you in the community

Mediation Services- Go with you to your job, doctor visits, court hearings, school appointments, meetings with landlords, and other situations that may require an interpreter, Help with applying for government benefits, if you're eligible

Language Assistance- Help with paperwork for citizenship, asylum, residency, family reunification, and other immigration issues, Translation services in: English, Spanish, French, Vietnamese, Russian, Cantonese, Mandarin, Other languages at request. For more information please call 217-344-8455

<https://www.therefugeecenter-cu.org/>

### **Rosecrance**

Counseling services is a program that provides strength-based, culturally responsive behavioral health services for individuals and families. The goal of these services is to improve the quality of life, enhance safety, and promote personal productivity. By appointment only. For more information, please call 217-398-8080.

<https://www.rosecrance.org/central-illinois/>

### **Youth Assessment Center**

The Youth Assessment Center (YAC) serves as the primary center for intake, screening, and service connection for Champaign County youth and families. Case managers screen at-risk juveniles and link them and their families with the community's support and restorative services. Law enforcement personnel typically make referrals to the YAC as an alternative to prosecution and to prevent further delinquent activities.

<https://ccrpc.org/programs/youth-services/>

### **Youth and Family Peer Support Alliance**

As parents of children with mental health challenges who have been through the system, our staff and Peer Parent Support Partners intimately understand what you're going through, and

how to ensure better outcomes for children and families. We offer one-on-one and group support for caregivers and youth aged 10 to 21 in Illinois.

<https://ilalliance.org/>

#### The Beyond Blue Support Group (Crisis Nursery)

Crisis Nursery offers a chance to help mothers who are at risk for perinatal depression through The Beyond Blue Support Group. With free confidential services, they are funded by the Champaign County Mental Health (708) Board, along with community donations. In addition, Crisis Nursery is open twenty-four seven, three-hundred-sixty-five days a year. In order to ensure clients are getting the best support, mothers and families can join a number of additional support groups such as parent/child interaction groups and crisis care. They also offer home visits and referrals to outside resources pertaining to your family's needs.

\* Services offered Saturdays throughout the month of October at the Rantoul Library (106 W. Flessner Avenue)

\*For questions or to register please call or text Brandie at (217)-714-2902, registration is not mandatory but encouraged!

<https://crisisnursery.net/>