S Community Service Center of Northern Champaign County

Rantoul Resource Guide

520 E. Wabash Ave, Suite 1 Rantoul, IL 61866 (217) 893-1530 Fax: (217) 893-8600 <u>www.cscrantoul.org</u> Or visit us on Facebook

Table of Contents

•	Child Care	5
•	Clothing	5-6
•	Community Service Centers	6
•	Crisis	7-8
•	Dental Care	
•	Disability Services	9
•	Emergency Services	10
•	Food	10-11
•	Healthcare	11-13
•	Lesbian, Gay, Bisexual, Transgender, and Questioning	13-15
•	Mental Health/Counseling	15-18
•	Parenting/Early Childhood	
•	Recreation/Leisure	19
•	Reentry	19-20
•	Shelter	20-21
•	Transportation	21
•	Utility Assistance	21-22
•	Vision	
•	Youth Care	

Alphabetical Index

2-1-1 Champaign County	7
Anabel Huling Early Learning Center	5,18
Angel Smiles	8
Anita Rose Hund, PhD	12,13
A Precious Cargo Carrier Inc	21
Austin's Place	20
Avicenna Community Health Center	11,12
Bethany Park Christian Church	5
Carle Clinic	12
Center for Youth & Family Solutions	15,22
Centralized Intake	20
Champaign Community Advocacy and Mentoring Resources	9
Champaign County Area Rural Transit System (C-CARTS)	21
Champaign County Christian Health Center	8,12,15
Champaign County Down Syndrome Network	9
Champaign County Health Care Consumers	11,12
Champaign County Lions Club	
Champaign County Regional Planning Commission Youth Assessment Center	23
Champaign Dental Care	8
Champaign-Urbana Public Health District - Dental Health	
	8
Champaign-Urbana Public Health District - Dental Health	8 13
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services)	8 13 22
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services Children's Advocacy Center.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services. Children's Advocacy Center. Chi Upsilon Iota Tri-Ess.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services Children's Advocacy Center Chi Upsilon Iota Tri-Ess Christie Clinic.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services. Children's Advocacy Center. Chi Upsilon Iota Tri-Ess. Christie Clinic. Circle of Friends.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services Children's Advocacy Center Chi Upsilon Iota Tri-Ess Christie Clinic Circle of Friends Cognition Works, INC	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services. Children's Advocacy Center. Chi Upsilon Iota Tri-Ess. Christie Clinic. Circle of Friends. Cognition Works, INC. Community Care Discount Program - Carle.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services Children's Advocacy Center Chi Upsilon lota Tri-Ess Christie Clinic Circle of Friends Cognition Works, INC Community Care Discount Program - Carle Community Choices	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services. Children's Advocacy Center. Chi Upsilon Iota Tri-Ess. Christie Clinic. Circle of Friends. Cognition Works, INC. Community Care Discount Program - Carle. Community Choices. Community Health Partnership.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing. Child Care Resource Services. Children's Advocacy Center. Chi Upsilon lota Tri-Ess. Christie Clinic. Circle of Friends. Cognition Works, INC. Community Care Discount Program - Carle. Community Choices. Community Health Partnership. Community Service Center.	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services) Champaign-Urbana Public Health District - Vision and Hearing Child Care Resource Services Children's Advocacy Center Chi Upsilon lota Tri-Ess Christie Clinic Circle of Friends Cognition Works, INC Community Care Discount Program - Carle Community Choices Community Health Partnership Community Service Center Connections	
Champaign-Urbana Public Health District - Dental Health Champaign Urbana Public Health District (HIV/AIDS Services). Champaign-Urbana Public Health District - Vision and Hearing. Child Care Resource Services. Children's Advocacy Center. Chi Upsilon lota Tri-Ess. Christie Clinic. Circle of Friends. Cognition Works, INC. Community Care Discount Program - Carle. Community Choices. Community Health Partnership. Community Health Partnership. Community Service Center. Connections. Courage Connection.	
Champaign-Urbana Public Health District - Dental Health. Champaign Urbana Public Health District (HIV/AIDS Services). Champaign-Urbana Public Health District - Vision and Hearing. Child Care Resource Services. Children's Advocacy Center. Chi Upsilon lota Tri-Ess. Christie Clinic. Circle of Friends. Cognition Works, INC. Community Care Discount Program - Carle. Community Choices. Community Health Partnership. Community Service Center. Connections. Courage Connection. Crisis Nursery.	

C-U at Home	20
Cultivadores Pantry	10
Daily Bread Soup Kitchen	10
Elliott Counseling Group	13,16
Faith in Action - Presence Health	21
Family Service of Champaign County	16
FirstFollowers	19
First Transit	21
Frances Nelson Dental Center	8
Gay Straight Alliance	13
Greater Community AIDS Project (GCAP)	14
Healthy Thoughts Wellness Center	
Holy Cross Catholic Church	10
Illini Christian Ministries	17
Jesus is the Way Prison Ministries	17,19
Joanna Kling, M.Ed. LCPC. Progress Group	14,17
John T. Karich, DMD	8
Kid's Foundation - Community Service Center	19
Kruger Vision Service	22
Little Wings Child Care and Learning Center	5
LGBT Resource Center of U of I	14
Low Income Home Energy Assistance Program (LIHEAP)	22
METCAD	10
Multicultural Community Center	5,6,14,18
Nicholas Bridgett, LCSW	13,17
Parents, Family and Friends of Lesbians and Gays (PFLAG)	14
Parent Wonders	19
Parkland Dental Hygiene Clinic	8
Parkland Pride	14
Peace Meal Senior Nutrition Program	11
Persons Assuming Control of their Environment, Inc. (PACE)	9
Planned Parenthood Champaign Health Center	12,14
Prevention and Treatment Services (P.A.T.S)	17
Promise Healthcare	12,13
Quality Transport	21
Rantoul Fire Department	10
Rantoul Police Department	10
Rantoul Recreation Department	19
Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.)	8,15
Regional Office of Education #9	20
	3

Restoration Urban Ministries	6,11
Right Hand Food Pantry (Grace and Truth Church)	11
Rosecrance (formerly Community Elements)	17,18
Salt & Light Ministry	6
Salvation Army of Champaign County	11
Seek and Find	6
Senior Resource Center - Family Service	21
SmileHealthy	9
Special Education Advocate Systems' (SEAS) Consulting	
Stone Creek Food Pantry	11
St. Vincent DePaul Food Pantry at St. Patrick's Church	11
The Pavilion	18
The Phoenix Daytime Drop-In Center	20
The Prairie Center	18
The UP (Uniting Pride) Center of Champaign County	14,15
TIMES Center Program and Warming Center	20
Trans Lifeline	15
Trevor Lifeline	15
TRIP	21
United Way Emergency Family Shelter	20
Vineyard Church Food Pantry	11
Walmart Vision Center	22
Wesley United Methodist Church Food Pantry	11
Women, Infants, and Children (WIC)	19
Youth & Family Peer Support Alliance	

CHILD CARE

Anabel Huling Early Learning Center

200 S. Century Blvd, Rantoul, IL 61866 (217) 892-2139 http://ahelc.com Child care facility for infants and Preschool age kids. Provides full and part time child care and before- and afterschool transportation.

Child Care Resource Services

905 S. Goodwin Ave, Urbana, IL 61801 (217) 333-3252 http://ccrs.illinois.edu/

Provides families seeking child care with a list of local child care options and information on how to select quality care. Administers the state Child Care Assistance Program which offers financial assistance for child care to qualifying families.

Crisis Nursery

1309 W. Hill St, Urbana, IL 61801 (217) 337-2731 www.crisisnursery.net/

Crisis Line: (217) 337-2730

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Little Wings Child Care and Learning Center

205 E. Frost Ave, Rantoul, IL 61866 (217) 893-9022 www.littlewingslearning.com/ Provides programs for before- and after-school, kindergarten readiness, and drop-ins.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866 (217) 892-4466 www.mcc-rantoul.org/

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

CLOTHING

Bethany Park Christian Church

1401 E. Grove Ave, Rantoul, IL 61866 (217) 893-1290

Provided with 1 heavy coat per person; 1 light spring jacket per person; 1 or 2 pairs of jeans per person; new underwear and socks if available. Visits are limited to one every 30 days. A new referral is needed each year. Referral slips available at the Community Service Center (520 E. Wabash Ave).

Mondays 7-8pm, Wednesdays 3-4:30pm

Connections

120 Lincoln Square, Urbana, IL 61801 (217) 384-2158

http://courageconnection.org/about-our-store/

Sells donated clothing items for women, men and children. Courage Connection clients get free emergency and professional clothing. Tuesday - Friday 10am-2pm, Saturday 8am-2pm

Restoration Urban Ministries 1213 Parkland Ct. Champaign, IL 61821 (217) 355-2662 http://restorationurbanministries.net/ Monday, Tuesday, Thursday, and Friday from 10am-3pm.

Salt & Light Ministry 1512 W. Anthony Dr, Champaign, IL 61821 (217) 355-5654 www.saltandlightministry.org/ Monday - Saturday 9am-8pm

Seek and Find 233 Garrard Ave, Rantoul, IL 61866 (940) 539-0601 www.seekandfindthriftstore.org/ Wednesday - Friday 10am to 5pm, Saturdays 9am-12pm

COMMUNITY CENTERS

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866 (217) 893-1530 http://cscrantoul.org/ Provides information, referral and advocacy services, 4

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary service.

Multicultural Community Center 1126 Country Club Ln, Rantoul, IL 61866 (217) 892-4466 http://www.mcc-rantoul.org/

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

CRISIS

2-1-1 Champaign County

24 Hour Phone: 2-1-1

2-1-1 is a non-emergency number that connects individuals to a variety of services. Callers will be matched to agencies and resources based on their individual needs. Callers can get assistance with Food and shelter, Counseling and mental health services, Income and employment support, Help for the elderly and people with disabilities, Resources for children and families, Domestic Abuse, Drug/Alcohol Rehabilitation, and Disaster Recovery.

Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820 Child Abuse Hotline: (800) 252-2873 (217) 384-1266

www.co.champaign.il.us/cac

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Courage Connection

508 E. Church Street, Champaign, IL 61820 (217) 352-7151 Domestic Violence Hotline: (217) 384-4390 http://courageconnection.org/

Services are also available at the Community Service Center at 520 E. Wabash Ave, Rantoul, IL 61866 Provides supportive services for victims of domestic violence through counseling, assistance with shelter, and orders of protection.

Crisis Nursery

1309 W. Hill St. Urbana, IL 61801 (217) 337-2731 Crisis Line: (217) 337-2730 http://www.crisisnursery.net/

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Crosspoint Human Services

1801 Fox Drive, Champaign, IL 61820 Phone: (217) 351-9744 Crisis Hotline: (217) 442-3200 http://www.crosspointhumanservices.org/

Screening Assessment and Support Services Hotline: (800) 345-9049 Domestic Violence Hotline: (888) 549-1800

Provide services for mental health/recovery, domestic violence/homelessness, medical, residential, veteran and developmental disabilities. They offer multiple 24 hour hotlines for crisis, domestic violence, as well as screening assessment and support services.

Rape Advocacy, Counseling, & Education Services (R.A.C.E.S.)

300 S. Broadway Avenue, Lincoln Square Mall, Suite 154A, Urbana, IL 61801 Phone: (217) 344-6298 24 Hour Hotline: (217) 384-4444 24 Hour Toll Free Hotline: 1-877-236-3727 https://www.cu-races.org/ R.A.C.E.S. assists in providing crisis counseling services, referral, and support. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

DENTAL CARE

Angel Smiles

730 Enterprise, Rantoul, IL 61866 (217) 892-8868 Accepts Medicaid for children only.

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801 Appointment Line: (217) 402-5683 Other questions: (217) 398-2914 http://ccchc2003.org/ 2nd and 4th Wednesdays 5:15pm to 6:45pm Provides free primary care services to patients with no insurance or medical card.

Champaign Dental Care

2102 N. Market, Champaign, IL 61820(217) 379-2667Offers several payment options, as well as customized payment plans specifically designed to fit your budget.

Champaign-Urbana Public Health District - Dental Health

201 W. Kenyon Rd, Champaign, IL 61820 (217) 531-4279

http://www.c-uphd.org/dental-health.html

Dental services are provided to youth ages 1 to 18 on medical card or KidCare. Those over 18 years of age who are still high school students can also be served. Preventive and cleaning work, sealants, x-rays, fillings and some extractions are done. All services are by appointment.

Frances Nelson Dental Center

819 Bloomington Rd, Champaign, IL 61820 (217) 403-5477 http://www.promisehealth.org/smilehealthy

An affordable dental center for adults and children. Open Monday-Thursday 8:00 am to 7:00 pm. Call for an appointment.

John T. Karich, DMD 1504 Patton Dr, Suite 6, Mahomet, IL 61853 (217) 568-6868 http://www.johnkarichdentistry.com/

Parkland Dental Hygiene Clinic

Parkland Main Campus: Room L148 Phone: (217) 351-2221

http://www.parkland.edu/academics/departments/health/dentalclinic.aspx

Fee is \$10 for all appointments necessary within a 6 month period; Free for children under 11; Free for adults over 65, Medicaid or Public Aid recipients.

SmileHealthy

104 Nightingale Ct, Rantoul, IL 61866 (217) 359-7404 http://www.promisehealth.org/smilehealthy The center accepts Medicaid, private insurance, and self-pay patients.

DISABILITY SERVICES

Champaign Community Advocacy and Mentoring Resources

Provides personalized mini grants for adults with intellectual disability in Champaign County. Applications are available at www.ccamr.org or www.facebook.com/ccamr or CCAMRBoard@gmail.com Grant submission due dates are: February 1, May 1, August 1, or November 1

Community Choices

44 E Main, Suite 419, Champaign, IL 61820 (217) 621-1090 http://www.communitychoicesinc.org/

Provides opportunities to connect with Community Choices members and people in the community, provides community transitional support and assists with job development and employment support.

Champaign County Down Syndrome Network

1304 W. Bradley Ave. Champaign, IL 61824 http://www.champaigndsn.org/

Offers support to families who have members with Down Syndrome with activities that include family events and picnics, speaking engagements, community awareness projects, and assistance with educational planning.

C-U Autism Network

(217) 621-8429 / teresa@autismillinois.org http://www.cuautismnetwork.org/

Monthly meetings are held to provide a network of support, training, and education for anyone living or working with persons on the Autism Spectrum.

September-May on the first Thursday of the month from 6:30-8:00pm.

Persons Assuming Control of their Environment, Inc. (PACE)

Center for Independent Living 1317 E. Florida Ave, Urbana, IL 61801 (217) 344-5433 http://pacecil.org/

Offers services which assist persons with disabilities in achieving/maintaining independence. Services include information and resources, access and advocacy, skills development, and counseling.

Special Education Advocate Systems' (SEAS) Consulting

Toni Hoy tonihoy@gmail.com http://seasconsulting.org/

Provides special education advocacy, residential treatment consulting, and DCFS consultations for parents whose children have special needs.

EMERGENCY SERVICES

METCAD

1905 E Main St, Urbana, IL 61802 Emergency Phone: 9-1-1 (217) 333-4348 http://www.metcad911.org/public/

Open Monday - Thursday from 4:30 to 5:00 pm. May pick up groceries every other week. An ID validating Champaign County residence will be necessary.

METCAD answers emergency assistances requests. It is important to note that they can now assist individuals who text 9-1-1 who may be unable to call them on the phone.

Rantoul Fire Department 333 S. Tanner Street, Rantoul, IL 61866 Emergency Phone: 9-1-1 (217) 892-8401 http://www.village.rantoul.il.us/Index.aspx?NID=483

Rantoul Police Department

109 E Grove Ave, Rantoul, IL 61866 Emergency Phone: 9-1-1 (217) 892-2103 http://www.village.rantoul.il.us/Index.aspx?NID=338

FOOD

Community Service Center of Northern Champaign County 520 E. Wabash Ave. Suite 1, Rantoul, IL 61866 (217) 893-1530 http://cscrantoul.org/ Monday through Friday 10:00 am to 4:00 pm Families can receive food once a month. Will need ID and proof of address within the last 30 days.

Cultivadores Pantry

555 S. Maplewood Dr, Rantoul, IL 61866 January through November 6:30 pm to 8:00 pm on the 2nd Monday

Daily Bread Soup Kitchen

124 W. White, Champaign, IL 61820 http://dailybreadsoupkitchen.com/ Monday through Friday 11am - 12:30pm

Holy Cross Catholic Church 405 W. Clark St, Champaign, IL 61801 (217) 352-8748 Meals on wheels/home delivery for senior citizens

Peace Meal Senior Nutrition Program

520 E. Wabash Ave, Rantoul, IL 61866 (217) 345-1800 https://www.sarahbush.org/peacemeal/ Provides congregate and home delivere

Provides congregate and home delivered meals to seniors. Clients also receive nutrition assessment, nutrition education, food safety training, and information about other community services.

Restoration Urban Ministries

1213 Parkland Ct. Champaign, IL 61821 (217) 355-2662 http://restorationurbanministries.net/ Monday, Tuesday, Thursday, and Friday from 10am-1pm.

Right Hand Food Pantry (Grace and Truth Church)

1281 Eater Dr, Rantoul, IL 61866 (217) 892-5110 2nd and 4th Saturday from 10:00 am to 12:00 pm

Salvation Army of Champaign County

2212 Market St, Champaign, IL 61801 - Red Shield Center (217) 373-7832 http://www.salvationarmyusa.org/ Visits allowed one time per month

Stone Creek Food Pantry 3105 N. Maplewood Dr, Rantoul, IL 61866

Last Tuesday of the month from 6:00 to 8:30 pm

St. Vincent DePaul Food Pantry at St. Patrick's Church

708 W. Main St, Urbana, IL 61801 (217) 367-2665

Vineyard Church Food Pantry

1802 N Lincoln Ave, Urbana , IL 61820 (217) 384-3070 http://urbana.thevineyardchurch.us/food-pantry/ Groceries and hot meals available. Open every Wednesday from 10:00 am to 12:00 pm and from 5:00 to 6:00 pm. No ID required.

Wesley United Methodist Church Food Pantry

1203 Green St, Urbana, IL 61801 (217) 344-1120 http://www.wesleypantry.org/ Every Thursday of the month from 5:30 to 7:30 pm

HEALTHCARE

Avicenna Community Health Center 819 Bloomington Rd, Champaign, IL 61820

(217) 403-5498 http://www.avicennahealth.org/

A free clinic for people who are uninsured or underinsured. Sundays 1-4pm

Carle Clinic

1540 E Grove Ave, Rantoul, IL 61866 (217) 893-7700 https://carle.org/Locations/Rantoul.aspx

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801 Appointment Line: (217) 402-5683 Other questions: (217) 398-2914 <u>http://ccchc2003.org/</u> Tuesdays 5:40pm to 7:40pm and 2nd/4th Wednesdays 5:40pm to 7:30pm Provides free primary care services to patients with no insurance or medical card.

Champaign County Health Care Consumers

520 E. Wabash Ave Suite 1, Rantoul, IL 61866 (217) 352-6533/08 <u>http://www.healthcareconsumers.org/</u> Provides assistance with health care issues, signing up for insurance, applying for financial assistance.

Christie Clinic

209 W Borman Dr, Rantoul, IL 61866 (217) 892-9671 http://www.christieclinic.com/locations/christie-clinic-in-rantoul/

Community Care Discount Program - Carle

611 W. Park St, Urbana, IL 61801 (217) 326-3099 https://carle.org/Documents/Carle_Community_Care_Application-English.aspx

Offers a number of options for families struggling to pay health care bills, including convenient payment plans and free or discounted health care. The program covers both inpatient and outpatient services.

Community Health Partnership

520 E. Wabash Ave. Suite 1, Rantoul, IL 61866 (Community Service Center) 217-893-3052 <u>http://www.chpofil.org/rantoul.html</u> Medical services for seasonal farm workers.

Planned Parenthood Champaign Health Center

302 E. Stoughton St, Champaign, IL 61820 (217) 359-8022 https://www.plannedparenthood.org/

<u>nttps://www.plannedparentnood.org/</u>

Services include abortion, counseling, birth control, miscarriage management, emergency contraception, reproductive health and preventative services, permanent sterilization, testing and treatment for sexually transmitted infections, and transgender care.

Promise Healthcare

Frances Nelson- 819 Bloomington Rd, Champaign, IL 61820 Walk in hours: Mon 7:30 am - 7:30 pm / Tues-Fri 7:30 am - 5:30 pm Promise Healthcare at the Community Resource Center- 1400 W. Park, Bldg 3, Urbana, IL 61801 Walk in hours: Tue/Wed 8:00 am - 5:00 pm / Thur 10:00 am - 7:00 pm / Fri 8:00 am - 6:00 pm (217) 356-1558

http://www.promisehealth.org/

Provides primary medical services, prenatal program, immunizations, health education, and social services to medically underserved and uninsured adults and children of Champaign County. A sliding-fee scale is offered to clients without insurance with verification of financial status.

LESBIAN, GAY, BISEXUAL, TRANSGENDER, AND QUESTIONING

Anita Rose Hund, PhD

100 N. Chestnut St, Suite 243, Champaign, IL (217) 649-8735 <u>http://anitahund.com/</u> Provides therapy and psycho-educational workshops on a variety of topics.

Champaign Urbana Public Health District (HIV/AIDS Services)

201 W. Kenyon Rd, Champaign, IL 61820 (217) 239-7827 / (217) 531-5368

http://www.c-uphd.org/hiv-aids-services.html

Offers free, anonymous HIV testing and counseling, prevention services for HIV/STD's, safer sex information and materials. Provides case management services for anyone living with HIV/AIDS regardless of income or insurance. Those who meet income and insurance guidelines are also eligible for dental care, housing services, utility support, primary HIV medical care, nutrition services, vaccinations, transportation assistance, mental health services and legal service. Free condoms, lubricant and other safer sex items are available.

Chi Upsilon lota Tri-Ess

206 N. Randolph Street, M102, Champaign, IL 61821 (217) 637-1343 / <u>raelouisewall@att.net</u> <u>http://www.cui-triess.org</u> Provides educational and social support for heterosexual crossdressers, their spouses or partners and their families.

Elliott Counseling Group

309 W. Clark Street, Champaign, IL 61820 (217) 398-9066 Crisis Line: (217) 359-4141 <u>http://elliottcounselinggroup.com/</u> Serves individuals, couples and families, ad

Serves individuals, couples and families, addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Gay Straight Alliance

Rantoul Township High School (217) 892-2151 Centennial High School (217) 351-3951 Central High School (217) 351-3911 Urbana High School (217) 384-3505 A student club that works to improve school climate for all students, regardless of sexual orientation or gender identity/expression.

Greater Community AIDS Project (GCAP)

P.O. Box, Champaign, IL 61824 (217) 351-2437 or gcapnow@sbcglobal.net

http://www.gcapnow.com/

Provides services for those affected with HIV/AIDS with housing, educational programs, case management, an emergency food pantry and emergency assistance grants.

Joanna Kling, M.Ed. LCPC. Progress Group

507 W. Springfield Ave, Urbana, IL (217) 344-4722 / (217) 953-4264 http://www.joannaklingtherapy.com/

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

LGBT Resource Center of U of I

1401 W. Green St. Urbana, IL 61801 Room 323, Illini Union (217) 244-8863 / <u>lgbtrc@illinois.edu</u> <u>https://oiir.illinois.edu/lgbt-resource-center</u> Connects students to support groups and other community support services.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL (217) 417-6432 <u>http://www.champaigntherapy.com/</u> Provides individuals, couples and family counseling for a wide range of emotional and behavioral issues.

Parents, Family and Friends of Lesbians and Gays (PFLAG)

1203 W Green St, Urbana, IL 61801 The Wesley Foundation (217) 344-1120 / Cindy Dodd (<u>crd2001@mchsi.com</u>) <u>https://oiir.illinois.edu/lgbt-resource-center/resources/community-resources</u> A group for close family members and friends who want to honor and support their loved ones who are LGBT. Meets on the 4th Tuesday of the month

Parkland Pride

Parkland College 2400 W. Bradley Ave, Champaign, IL (217) 351-2492 This group supports lesbian, gay, bisexual, transgender, and questioning students and seeks to educate the Parkland community on issues related to the LGBTQ population.

Planned Parenthood Champaign Health Center

302 E. Stoughton St, Champaign, IL 61820 (217) 359-8022 https://www.plannedparenthood.org/

Provides transgender hormone therapy, psycho social support services, and testing and treatment for sexually transmitted infections.

The UP (Uniting Pride) Center of Champaign County

1001 South Wright Street, Champaign, IL 61820

Located in the lower level of the University YMCA (217) 550-4248 http://www.unitingpride.org/

Provides supportive and educational services with community-building activities for the lesbian, gay, bisexual, transgender, questioning, and ally community of Champaign County.

Trans Lifeline

(877) 565-8860 http://www.translifeline.org/

A hotline staffed by transgender people for transgender people. Trans Lifeline volunteers are ready to respond to people experiencing a crisis. This includes people who may be struggling with their gender identity or plan to inflict self harm, or whatever support needs callers might have.

Trevor Lifeline

(866) 488-7386 <u>http://www.thetrevorproject.org/</u> A national 24-hour, toll free confidential suicide hotline for LGBTQ members and questioning youth.

Rape Advocacy Counseling & Education Services (R.A.C.E.S.)

300 S. Broadway Avenue, Lincoln Square Mall, Suite 154A, Urbana, IL 61801 24 Hour Hotline (217) 384-4444 Office (217) 344-6298 https://www.cu-races.org/

R.A.C.E.S. assists in providing crisis counseling services, referral, and support. Medical advocates will accompany survivors through evidence collection and treatment processes while giving support and information.

MENTAL HEALTH/COUNSELING

Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821 (217) 352-5179 http://cyfsolutions.org/

Provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities.

Champaign County Christian Health Center

1400 W. Park St, Urbana, IL 61801 Appointment Line: (217) 402-5683 Other questions: (217) 398-2914 <u>http://ccchc2003.org/</u> Provides free mental health care services to patients with no insurance or medical card.

Children's Advocacy Center

201 W. Kenyon Rd, Champaign, IL 61820 Child Abuse Hotline: (800) 252-2873 (217) 384-1266 http://caceci.org/

Provides medical and victim advocacy, community education, crisis counseling, survivor therapy groups, and information and referral for victims of child abuse.

Circle of Friends

609 W. Washington, Champaign, IL 61820 (217) 359-7937

http://www.circleoffriendsadc.net/

Adult day care center for adults over the age of 18 who need socialization opportunities, assistance with daily living tasks, supervision, medical monitoring, and memory treatment.

Cognition Works, INC.

507 West Springfield Ave, Urbana, IL 61801 (217) 239-0142 http://cognitionworks.org/

Conducts a clinical practice with a focus on all levels of troubling emotions as well as disruptive, risky, or ineffective behavior. They offer directed counseling for individuals, couples, and groups. They take majority of insurances, including Medicaid.

Courage Connection

508 E. Church Street, Champaign, IL 61820 Domestic Violence Hotline: (217) 384-4390 (217) 352-7151

http://courageconnection.org/

Provides supportive services for victims of domestic violence through counseling, assistance with shelter, and orders of protection. Services are also available at the Community Service Center at 520 E. Wabash Ave, Rantoul, IL 61866

Crosspoint Human Services

1801 Fox Drive, Champaign, IL 61820 (217) 351-9744 Crisis Hotline: (217) 442-3200 Screening Assessment and Support Services Hotline: (800) 345-9049 Domestic Violence Hotline: (888) 549-1800 http://www.crosspointhumanservices.org/

Provide services for mental health/recovery, domestic violence/homelessness, medical, residential, veteran and developmental disabilities. They offer multiple 24 hour hotlines for crisis, domestic violence, as well as screening assessment and support services.

Elliott Counseling Group 309 W. Clark Street, Champaign, IL 61820 (217) 398-9066 Crisis Line: (217) 359-4141 http://elliottcounselinggroup.com/

Serves individuals, couples and families, addressing the entire range of emotional and mental health issues. They offer a sliding scale for low income families.

Family Service of Champaign County

405 S. State St, Champaign, IL 61820 (217) 352-0099 http://www.famservcc.org/

Provides counseling, information and referral, Children First training, and coordination of Support Groups through its wide array of services available to Champaign County residents of all ages.

Healthy Thoughts Wellness Center

2205 E. University Avenue, Suite A, Urbana, IL 61802 (217) 419-4713

http://healthythoughtswellnesscenter.com/

Hours: Monday - Friday 8AM-8PM by Appointment

Assists individuals with a variety of mental health issues, including addictions. Their practice is based on Cognitive Behavioral Therapy and finding effective solutions. Many insurers are accepted, and they are able to assist in accepting new types of insurance. In addition, they offer reduced fees on a case by case basis.

Illini Christian Ministries

411 E. Park St. Suite 106, Champaign, IL 61820
(217) 355-4446
<u>http://www.icmfamily.org/</u>
Provides services for adolescent, crisis, family, individual, marriage, and premarital counseling.

Jesus is the Way Prison Ministries

620 W. Liberty Dr, Rantoul, IL 61866 (217) 892-4044 http://jesusisthewayprisonministries.org/

The Ministry provides chapel services, counseling, drug and alcohol rehabilitation, job skills training and placement, and assistance with housing, food, and clothing.

Joanna Kling, M.Ed. LCPC. Progress Group

507 W. Springfield Ave, Urbana, IL (217) 344-4722 / (217) 953-4264 http://www.joannaklingtherapy.com/

Offers individual, couple, family, and group counseling and therapy for a wide range of life challenges and psychological issues.

Nicholas Bridgett, LCSW

209 W. University Suite 101, Champaign, IL (217) 417-6432 http://www.champaigntherapy.com/

Provides individuals, couples and family counseling for a wide range of emotional and behavioral issues.

Prevention and Treatment Services (P.A.T.S)

300 S. Broadway Avenue, Suite 110A, Urbana, IL 61801 (217) 954-1128 http://www.patspreventionandtreatmentservices.com/

Offers a variety of services, education, and counseling. Some examples of services offered are DUI evaluations, DUI Risk Education, Substance Abuse Evaluations and Treatment, a Domestic Violence Intervention program, Anger Management Services, Mental health evaluations, Cognitive Behavioral Therapy, and Parenting classes. P.A.T.S. also offer many sources to youth. P.A.T.S. provides affordable pricing to fit any budget.

Rosecrance (formerly Community Elements)

1801 Fox Dr, Champaign, IL 61820 (217) 398-8080 http://www.rosecrance.org/ 801 N. Walnut St, Champaign, IL 61820 (217) 373-2430 24hr Crisis Line: (217) 359-4141 Provides behavioral health services for children, adolescents, adults and families with high-quality, efficient and effective outpatient mental health services for children, adults and families through a variety of programs. Includes services

The Pavilion

809 W. Church Street, Champaign, II 61820 (217) 373-1700 http://www.pavilionhospital.com/

Provides a safe and nurturing environment where children, adolescents, adults and senior adults can find mental health treatment. Both inpatient and outpatient services offered in this location and accept most types of health insurance including Medicare and Medicaid.

The Prairie Center

718 Killarney, Urbana, IL 61801 Services are also available at 520 E. Wabash Ave, Rantoul (Community Service Center) (217) 328-4500 24 Hour Hotline: (217) 356-7576 http://www.prairie-center.org/

The Prairie Center provides both residential and outpatient substance abuse treatment. Outpatient treatment is located at the Danville and Urbana locations, while residential treatment is located at the Champaign location. Services are offered on a sliding payment scale, and many types of health insurance are accepted, including Medicaid.

Youth & Family Peer Support Alliance

1776 E. Washington, Urbana, IL 61801 (217) 898-8777 Provides free services for and with families and children experiencing mental health and/or emotional challenges; as well as educational, juvenile justice, and child welfare involvement services.

PARENTING & EARLY CHILDHOOD

Anabel Huling Early Learning Center

200 S. Century Blvd, Rantoul, IL 61866 (217) 892-2139

http://ahelc.com/

Child care facility for infants and Preschool age kids. Provides full and part time child care and before- and afterschool transportation.

Crisis Nursery

1309 W. Hill St. Urbana, IL 61801 (217) 337-2731 Crisis Line: (217) 337-2730 http://www.crisisnursery.net/

Provides 24-hour emergency care for children to support families in crisis. Support, resources, and services are available for families dealing with challenges such as parental stress, perinatal depression, homelessness, teen parenting, etc. Services include home visits, parent-child interaction groups, support groups, and referrals for resources and follow-ups. If needed, basic care items such as diapers, wipes, formula, and clothing may be available.

Multicultural Community Center

1126 Country Club Ln, Rantoul, IL 61866

(217) 892-4466

http://www.mcc-rantoul.org/

Provides services to the community in areas of education, cultural arts, recreation, community development, health and social services. Provides child care and a comprehensive service of education, health nutrition, transportation, and social services for children through their Head Start Program and Child Enrichment Program.

Parent Wonders

201 S. Century Blvd #1, Rantoul, IL 61866(217) 893-0671Serves parents with children from birth through 36 months residing in rural Champaign County with special emphasis

Women, Infants, and Children (WIC)

520 E. Wabash Ave, Suite 2, Rantoul, IL 61866 (217) 893-0832

on pregnant and parenting teens and families with the greatest need.

http://www.c-uphd.org/wic.html

Helps safeguard the health of low-income pregnant, postpartum, and breastfeeding women, infants, and children up to age 5, who are at nutritional risk. Provides food assistance and referrals to healthcare. Services are also available at Champaign-Urbana Public Health Department (CUPHD).

RECREATION

Kid's Foundation - Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866 (217) 893-1530 http://cscrantoul.org/

Provides financial assistance for economically disadvantaged youth interested in participating in Rantoul Recreation Department and Rantoul Park District youth programs. The Kids' Foundation will provide vouchers for two different activities for youth K-8th grade living in RTHS district.

Rantoul Recreation Department

100 W. Flessner Ave, Rantoul, IL 61866 (217) 893-0461 http://www.village.rantoul.il.us/

Provides park services and recreational programs for residents of all ages. Organized sports for youth and adults are offered. Recreational, educational, information and social activities and services such as hot lunches, craft, scheduled classes and trips are also provided.

REENTRY

FirstFollowers Bethel AME Church 401 E. Park St. Champaign, IL 61820 http://www.firstfollowersreentry.com/

Provides support and guidance to the formerly incarcerated with services that include advocacy, assistance with employment, family reunification, peer mentoring, and service referrals.

Jesus is the Way Prison Ministries

620 W. Liberty Dr, Rantoul, IL 61866 (217) 892-4044 http://jesusisthewayprisonministries.org/

The Ministry provides chapel services, counseling, drug and alcohol rehabilitation, job skills training and placement, and assistance with housing, food, and clothing.

SHELTER

Austin's Place First United Methodist Church 210 W. Church St, Champaign, IL 61820 (217) 356-9078 http://shelter-austinsplace.weebly.com/ Winter emergency shelter for homeless single women.

Centralized Intake

(217) 819-4117 If space is not available, families will be placed on waiting list.

C-U at Home

302 W. Church St. Champaign, IL 61820 (217) 819-4569

http://www.cuathome.us/

Services include The Phoenix Daytime Drop-In Center, transitional supportive housing, transportation, and education and advocacy related to homelessness, substance abuse, trauma, mental illness, and more.

The Phoenix Daytime Drop-In Center

34 E. Green St, Champaign, IL 61820 (217) 819-4569

www.cuathome.us

Provides a year-round drop-in center and winter daytime warming site for those in our community that need a place to be. Hours of operation are Tuesday- Friday from noon- 5:00 p.m. Additional hours (6:00 a.m. – 6:30 p.m.) may be available when daytime temperatures drop below zero and volunteers are available.

TIMES Center Program and Warming Center

70 E. Washington St, Champaign, IL 61820 (217) 398-7785

Open year round as a transitional living program for homeless men wishing to develop skills to become self-sufficient. TIMES Center is open as a daytime warming center for men who reside at the shelter when temperatures drop below zero. This service can be provided from 9:00 am to 6:30 pm

http://rosecrancechampaignurbana.org/our-services/residential-and-housing/

United Way Emergency Family Shelter

(217) 372-1137

Serves families with children. Eligibility includes being a Champaign County resident, max family household size is 6 people, and head of the household needs to be biologically or legally related to the children. Any other adults must either be married to the head of the household or biologically or legally related to at least one child. During their time in the shelter, families will work directly with an onsite case manager to find safe, permanent housing and get on a path to self-sufficiency.

Regional Office of Education #9

Education For Homeless Children & Youth Regina Parnell - Student Services Coordinator parnellr@roe9.k12.il.us / (217) 893-3219 http://www.roe9.k12.il.us/ Offers services to homeless families with children and youth who are of school age.

TRANSPORTATION

A Precious Cargo Carrier Inc.

(217) 202-9530

Champaign County Area Rural Transit System (C-CARTS)

(217) 344-4287

http://c-carts.com/

Provides safe, convenient, and reliable general public transportation in rural Champaign County. Curb-to-curb service allows drivers to pick up and drop off passengers at the curb closest to the desired pick-up and drop-off locations. Reservations must be made at least 48 hours prior to the requested ride. Monday - Friday 6am to 6pm.

Faith in Action - Presence Health

(217) 337-2778

http://www.presencehealth.org/foundation-where-to-give-presence-covenant-medical-center-urbana-faith-in-action Provides free transportation to medical appointments and assistance with shopping/errands. Services are by appointment only and a minimum of 1 week notice is required. (Eligibility 55+)

First Transit

(877) 725-0569 <u>http://www.firsttransit.com/</u> Offers fixed route operations, para transit, shuttles, and non-emergency medical transportation services.

Quality Transport

(217) 552-7400 Provides fast and reliable comprehensive medical transportation.

Senior Resource Center - Family Service

(217) 352-5100

http://www.famservcc.org/senior-transportation/

Provides free transportation for something that improves your quality of life: medical, business, grocery trips, hair appointments, shopping, going to a volunteer site, visiting a spouse in the nursing home, etc. (Eligibility 60+)

TRIP

(855) 477-8747 / (937) 653-8747

Provides transportation to all citizens of Champaign County who are in need of mobility to health care, public services, shopping, jobs, and any other transportation needs.

UTILITY ASSISTANCE

Community Service Center of Northern Champaign County

520 E. Wabash Ave, Suite 1, Rantoul, IL 61866 (217) 893-1530

http://cscrantoul.org/

Provides information, referral and advocacy services, emergency food pantry, clothing referrals, activity vouchers for youth, Holiday Bureau food and toy distribution, utility and prescription assistance, and fax, copy and notary service. Serves the Northern Champaign County.

Low Income Home Energy Assistance Program (LIHEAP)

1776 E. Washington St, Urbana, IL 61801 (217) 384-1226 <u>http://www.ccrpc.org/community-services/programs-services/low-income-home-energy-assistance/</u> Provides assistance with utilities and weatherization.

VISION CARE

Champaign County Lions Club

(217) 621-9974 http://www.champaignlions.org/ Provides financial assistance towa

Provides financial assistance toward eye examinations, eye glasses and hearing aids for individuals in need. Assistance is usually once in a lifetime per person.

Champaign-Urbana Public Health District - Vision and Hearing

201 W. Kenyon Rd. Champaign, IL 61820 (217) 531-4338

http://www.c-uphd.org/vision-hearing.html

Offers vision and hearing screenings to Champaign County residents age 3-18 by appointment. AllKids, medicaid, cash, check, or credit card are accepted. Vision and hearing screenings are also offered to State licensed preschools and daycares. Call for an appointment.

Kruger Vision Service

520 E. Wabash Ave. Suite 1, Rantoul, IL 61866 (Community Service Center)
(217) 893-1530
Services are available on Tuesdays from 1:00 to 4:00 pm for medicaid clients to pick out, order, or pick up glasses.
All appointments are walk in. A copy of your exam results (can be obtained at the Wal-Mart Vision Center) and your medicaid card are needed.

Walmart Vision Center

845 Broadmeadow Rd, Rantoul, IL 61866 (217) 892-5095 https://www.walmart.com/cp/walmart-vision-centers/1078944

YOUTH CARE

Center for Youth & Family Solutions

1315A Curt Drive, Champaign, IL 61821 (217) 352-5179

http://cyfsolutions.org/

Provides individual and family counseling, crisis response for runaway youth, system of care services for foster families, along with other services for extended family and communities.

Champaign County Regional Planning Commission Youth Assessment Center

402 N. Randolph St. Champaign, Illinois (217) 239-5933 http://www.ccrpc.org/community-services/programs-services/youth-assessment-center/ Provides assistance with court diversion for youth.

Youth & Family Peer Support Alliance

1776 E. Washington, Urbana, IL 61801 (217) 898-8777

Provides free services for and with families and children experiencing mental health and/or emotional challenges; as well as educational, juvenile justice, and child welfare involvement services.